

DANGER ADDITIVES

Look for these names and/or numbers in the ingredient lists on food product packaging

COLOURS

CODE

Tartrazine	102
Quinoline yellow	104
Sunset yellow	110
Carmoisine	122
Ponceau 4R	124
Allura red	129

COLOURS

CODE

Sorbates	200–203
Benzoates	210–213
Sulphites	220–228
Nitrates, nitrites	249–252
Propionates	280–283
Antioxidants	310–312, 319–321

FLAVOUR ENHANCERS

CODE

Glutamates including MSG	620–625
Ribonucleotides	627, 631, 635
Hydrolysed Vegetable Protein	HVP
Textured Vegetable Protein	TVP

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