

# Bristol Stool Chart

Type 1



Separate hard lumps, like nuts  
(hard to pass)

Type 2



Sausage-shaped but lumpy

Type 3



Like a sausage but with cracks on  
its surface

Type 4



Like a sausage or snake, smooth  
and soft

Type 5



Soft blobs with clear-cut edges  
(passed easily)

Type 6



Fluffy pieces with ragged edges, a  
mushy stool

Type 7



Watery, no solid pieces.  
**Entirely Liquid**